## INSTRUCTIONS

Make sure the page is set at $100 \%$ scale on letter size ( $8.5 " \times 11$ ") paper when printing.

To ensure this is correct after you print, measure the bar to the left - it must be exactly 1 inch or 30 mm long. Select a ring that fits the intended finger. Place the ring over the circles below. Match the inside rim to the circle nearest in size.

## KEEP IN MIND

Each hand may be different, so measure the finger you want to wear the ring on.

The size of your ring finger on your right hand could be different than your ring finger on your left. Always measure both to be sure!

Wider hands need bigger sizes - typically a half size up from your usual size.


## FOUND A MATCH? <br> YOU FOUND YOUR MVSIZE!

